

# Camellia Sinensis

William A. Bevington

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## Abstract

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## 1 Introduction

Camellia Sinensis (Tea) is a world-wide acclaimed drink, and in fact is consumed by 1/3 of the world as their main beverage. Since the plant's discovery, it has caught the attention of many experts and has been claimed to have abilities such as curing cancer, although it is much more commonly used as a simple pleasure throughout the day.

## 2 Origins of Tea

### 2.1 The First Cup

As stated by many, the first cup of tea was created when 'Shennong' (a famed Chinese Emporor and medicine specialist during the pre-Xia dynasty) boiled a pot of water to sterilise it, as was the law in China at the time, when unexpectedly some leaves of a nearby Evergreen-decendant fell into the water. It is said that, after drinking the water, the Emporor felt replenished and concluded that the new brew had medicinal healing affects, and so he would drink the remedy after testing other poisonous herbs in order to not obtain any damages.

It is too fabled that Gautuma Buddah fell asleep after meditating for nine years during the Tang dynasty, and felt so discusted by himself that to prevent any re-occurrence of this he removed his eye-lids, which then grew into the famed Camellia Sinensis tree. A similar story is too told where in fact, as opposed to Buddah, Bodhidharma (the founder of Chan Buddhism) is said to be the antagonist. It was said that the new, gifted plant should be used to stimulant to keep Ch(a)n's students awake during meditation.

It isn't suprising that many religions and provinces claim being the motherland of tea, due to it's clear success and seen as a symbol of status, and due to this; the origins of tea are unclear. It is fair to say, however, that tea is most likely a product of china, due to the advanced culture that the Asians, and specifically Chinesem hold in regards to the drink. Conversely, tea as we know it now, of which is mostly Assam, can conclusively be stated to be down to Robert Bruce in 1823, after which collections of tea, and hence plantations, were formed.

## **2.2 Modernisation of Tea**

Shortly after its discovery in China, tea became a widespread drink in which many divulged in. The most common form of was tea bricks... continue here  
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